



INTERNATIONAL  
CONFERENCE

# NAVIGATING MENTAL HEALTH AND HEARING LOSS

Self-Care, Challenges, and Solutions  
in the Field of Mental Well-Being



April 19, 2024

Exe Lev Hotel, Ljubljana,  
Slovenija



ZVEZA DRUŠTEV  
GLUHIH IN NAGLUŠNIH SLOVENIJE  
DEAF AND HARD OF HEARING CLUBS ASSOCIATION OF SLOVENIA



# EVENT PROGRAM AND SPEAKER INFORMATION

**8:00-9:00**

REGISTRATION

**9:00-9:30**

OPENING ADDRESSES

**9:00-9:05**

Vice President of ZDGNS

**9:05-9:10**

President of IFHOH

**9:10-9:15**

President of EFHOH

**9:15-9:20**

Representative of the Ministry of Labor, Family, Social Affairs,  
and Equal Opportunities

**9:20-9:25**

Representative of the Ministry of Health

**9:25-9:30**

Representative of the National Institute of Public Health

**9:30-11:00**

**RESEARCH IN THE FIELD OF MENTAL HEALTH AND HARD OF HEARING PEOPLE**

**9:30-9:50**

Ensuring Quality Healthcare Services for the Hard of Hearing, Including Mental Health Services, Marko Štanta (National Institute of Public Health)

**9:50-10:10**

Hard of Hearing and Mental Health in Slovenia, Dr. Andreja Poljanec (Sigmund Freud University, Ljubljana)

**10:10-10:30**

The relation between Hearing Loss, Tinnitus, Hearing Care and Cognition (Mental Health), Mark Laureyns (European Association of Hearing Aid Professionals)

**10:30-10:50**

Identity and Mental Health, Maria Skoczynska (The International Federation of Hard of Hearing Young People (IFHOHYP))

**11:00-11:30**

COFFEE BREAK

**11:30-13:00**

**THE IMPORTANCE OF ACCESSIBILITY FOR THE MENTAL HEALTH OF HARD OF HEARING PERSONS**

**11:30-11:50**

Accessibility design across the care path, Jochen Nicolai (Director Market Development EMEA, Cochlear AG, Basel)

**11:50-12:10**

Accessible and Inclusive Healthcare, Arianne Laplante Levesque (WHO, Europe)

**12:10-12:30**

Connecting Access to Hearing Care with Personal Well-Being, Patrick D'Hasse, MBA PhD (Corporate Director of Awareness and Public Affairs, MED-EL)

**12:30-12:50**

Employment and Disability: Introducing the EU Commission Flagship Employment Package, Monika Chaba (EU Disability Platform)

**13:00-15:00**

LUNCH

**15:00-17:00**

**MENTAL HEALTH CARE FOR PEOPLE WITH HEARING LOSS AND TINNITUS IN PRACTICE**

**15:00-15:15**

Project »It is good to hear well«, Kaja Marolt (ZDGNS)

**15:15-15:30**

»Self-Care Project for Tinnitus«, Teja Pahor Moder (ZDGNS)

**15:30-15:55**

Cognitive Psychology and Tinnitus, Katarina Rebernak, (Psychologist)

**15:55-16:10**

Tinnitus Support Group, Gregor Jenko (Psychologist)

**16:10-16:25**

Cochlear Implant Support Group, Darja Pajk (ZDGNS)

**16:30 -17:00**

Concluding discussions

\* We reserve the right to change and/or adjust the topics and speakers.